## CAMP PACKING LIST

Well-labeled clothing and items help campers return home with all of their belongings. Sending a printed checklist with your camper (with pictures for young campers) will help them remember what to take back as they pack to return home. Packing your camper's items in a Duffel Bag is ideal.

 7 T-SHIRTS (TANK TOPS ARE ALLOWED, BUT PLEASE NO SPAGHETTI STRAPS)
7 OR MORE SETS OF SOCKS & UNDERGARMENTS. RUNNING OUT IS NO BUENO!
PAJAMAS OR SLEEPWEAR. SOME KIDS JUST SLEEP IN THEIR NEXT DAY CLOTHES AFTER SHOWERING AT NIGHT.
2 FULL COVERAGE SWIM SUITS FOR GIRLS (ONE PIECE OR TANKINI) 2 PAIRS OF SWIM TRUNKS FOR BOYS
SUNSCREEN FOR PROTECTION DURING THE DAY, ALOE IF NEEDED AT NIGHT
2 PAIRS OF CLOSED TOED/ATHLETIC SHOES (CROCS DO NOT COUNT)
RAINGEAR (PONCHO OR LIGHT RAIN JACKET)
LAUNDRY BAG AND ZIPLOC PLASTIC BAGS FOR WET THINGS & SPECIAL TREASURES
SLEEPING BAG &/OR SHEETS AND BLANKET FOR A TWIN-SIZE MATTRESS

○ 7 PAIRS OF SHORTS (3" INSEAM MINIMUM) \*\*NO TENNIS SKIRTS ALLOWED\*\*

- PILLOW AND PILLOW CASES
- BATH TOWELS, BEACH TOWEL, WASH CLOTH
- O PERSONAL HYGIENE ITEMS (SHOWER ITEMS, TOOTHBRUSH, DEODORANT, FEMININE PRODUCTS, ETC)
- SHOWER CADDY & SHOWER SHOES/ FLIP FLOPS
- REUSABLE WATER BOTTLE (LABELED WITH CAMPER'S NAME)
- FLASHLIGHT/ SMALL LANTERN & BATTERIES INSECT REPELLENT

○ TISSUES ○ WHITE T-SHIRT (FOR TIE DYE ACTIVITY)

- CAP / HAT SUNGLASSES/ SWIMMING GOGGLES
- BIBLE & ROSARY BOOK, JOURNAL AND/OR CARD GAMES FOR REST HOUR
- STAMPS, PAPER, PENS, PRE-ADDRESSED ENVELOPES TO WRITE LETTERS HOME
- SMALL BATH MAT FOR FOOT OF BED TO WIPE OFF FEET ONE LAST TIME BEFORE BED
- BATTERY OPERATED FAN FOR AN EXTRA BREEZE (ALL CABINS HAVE AC)
- SPIRIT WEAR FOR CAMPER'S THEME WEEK (CHECK WEBSITE)

Remember that your campers will be doing a variety of activities while at camp. These activities may include running, jumping, bending, etc. Please ensure that the clothing your campers bring to camper are appropriate for ALL activities.

If your camper is packing their own clothes, please help them understand the dresscode and maybe do a once over of the clothes they've packed to make sure they fit the dresscode guidelines!



What we ask you to leave at home:



**OPTIONAL:** 

ELECTRONIC DEVICES CELL PHONES OUTSIDE FOOD/DRINK VITAMINS/SUPPLEMENTS ALCOHOL/DRUGS WEAPONS (POCKET KNIFE) CLOTHING W/ SEXUALITY, PROFANITY, DRUGS, ALCOHOL, AGAINST CHURCH TEACHING

## Medications

Both over-the-counter and prescription medication must be in **original containers** and placed in a labeled, resealable, plastic bag with your camper's name. Please send only the amount of medication needed to last the duration of your camper's stay.

## Razors

Shaving razors may be brought to camp, but will be kept under lock and key while not in use. Campers will have access to their razors before heading to the shower by simply requesting permission from their counselor.

> C PETS/ANIMALS VEHICLES PERSONAL SPORTS EQUIPMENT